

MASSAGE

50 min - NOK 1 350,- • 75 min - NOK 1 850,-

CLASSIC FACE AND SCALP MASSAGE

50 min

Light cleansing, massage of face and scalp. Moisturizing face mask. Ends with a hand massage.

ANTI-STRESS SO PURE SCALP TREATMENT

50 min

A luxurious treatment that dissolves stress points in the neck, shoulder and scalp. Moisturizing hair/scalp treatment. Ends with a foot massage.

VESTLIA BODY MASSAGE

75 min

Body massage that dissolves tight muscles, tension and sore points. Provides flexible and more elastic muscles. The treatment provides an overall feeling of well-being.

VESTLIA BODY MASSAGE

50 min

Body massage with a focus on the BACKSIDE. Talk to the therapist about your needs.

BAMBOO MASSAGE DEEP TISSUE

75 min

With this unique treatment technique, you get a full body massage with oils in combination with Bamboo sticks. A deep-acting treatment that dissolves tension. The Deep Tissue technique with bamboo sticks is used on specific problem areas.

BAMBOO MASSAGE DEEP TISSUE

50 min

Focus on the BACKSIDE. Talk to the therapist about your needs.

SCRUB

50 min - NOK 1 350,- • 75 min - NOK 1 850,- • 100 min - NOK 2 350,-

FRESH MOUNTAIN SCRUB

50 min

Effective, softening body scrub that ends with moisturizing body cream.

FRESH MOUNTAIN SCRUB

75 min

Effective, softening body scrub that ends with a light body massage.

FRESH MOUNTAIN SCRUB

100 min

Thorough, softening body scrub which includes facial peeling. Ends with a face- and body massage.

MINISPA

20 min - NOK 790,- per treatment

• Foot massage • Shoulder and neck massage

Information

SPA CUSTOMERS: Free entry to the climate zone. Time must be booked in advance.

HOTEL GUESTS: Entrance fee NOK 295,-. Time must be booked in advance. Includes the rent of a bathrobe, slippers and towel, fruit and tea.

OTHER GUESTS: Entrance fee NOK 495,-. Time must be booked in advance. Includes the rent of a bathrobe, slippers and towel, fruit and tea.

"SPA YOURSELF" KIT: NOK 395,- includes 5 Babor products, small size.

The cancellation deadline for treatments is 24 hours before the agreed appointment, otherwise the appointment will be charged in full. Cancellation must be made in writing by email.

VESTLIA RESORT
SPA



VESTLIA RESORT
SPA

*Happiness is to enjoy
the very best*

2023

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Face

SIGNATURE TREATMENTS

75 min - NOK 2 250,- • 100 min - NOK 2 650,-

VESTLIA RELAX ANTI-AGE

Babor's exclusive high-tec treatment has a very nourishing and firming effect. We use anti-aging ingredients which fills out lines and leaves the skin fresh and smooth.

BABOR SPECIAL TREATMENT

We "crash" and saturate your skin in the noblest drops from Babor's ampoule serum. The result is a radiant glow, vitality and rejuvenation. An amazing moisture boost for a tired, dry and lifeless skin.

DR. BABOR

Our highly acclaimed cosmeceutical treatments that work targeted on all skin types. The advanced active substances work on the skin and provide effective and visible results.

DR. SCHRAMMEK

«Green Peeling med SPA Feeling»

Wellness and pure pleasure in combination with refreshing Green Peel Fresh Up. A comprehensive treatment that gives your skin health, strength and resilience.

With your Signatur treatment you also get a massage of scalp, hands and feet.

BASIC SKIN TREATMENTS

50 min - NOK 1 350,- • 75 min - NOK 1 850,-

BASIC SKIN CARE

Our skin therapist adjusts the treatment according to skin type and needs. Skin analysis, cleansing, peeling, ampoule and mask. Massage of face, neck and shoulders.

BASIC MEN'S SKIN CARE

A masculine treatment for men's skin type and needs. Cleansing, peeling, serum and mask. Massage of face, neck and shoulders.

DR. SCHRAMMEK GREEN PEEL

50 min - NOK 1 350,- • 75 min - NOK 1 850,-

GREEN PEEL FRESH UP

50/75 min

Mild and effective "Party Peel" treatment. Fits all skin types. Herb peeling that gives an instant and radiant glow lasting for several days.

GREEN PEEL EYE CONTOUR

50 min

Dr. Schrammek Green Peel Eye Contour Treatment counteracts wrinkles, fine lines around the eyes, dark circles and bags under the eyes.

Combination

75 min

Feel free to choose a combination of eye treatment and Green Peel Fresh Up face.

GREEN PEEL ENERGY

50/75 min

A deeper treatment than Fresh Up. Treats lines, large pores and acne effectively.

GREEN PEEL CLASSIC

Special cure which includes 2 treatments - NOK 2 995,-

This is the original Green Peel and the strongest treatment. Improves uneven skin, large pores, acne, lines and pigment spots. Stimulating. The skin will peel after 3–4 days. The result is total skin renewal. After 5–6 days, you will return and receive a restorative treatment.

Supplement for special masks - NOK 250,-

Body

SIGNATURE TREATMENTS

100 min - NOK 2 650,-

VESTLIA RELAX

A wonderful and relaxing experience where the lovely scent of Neroli orange blossom is at the centre. The treatment starts with a body scrub and then a softening hydrobath. The scrub removes dead skin cells, increases circulation and prepares the skin to receive moisture. After the bath, we give you a soothing massage with the orange blossom oil. You are then wrapped in the fragrant The Neroli Body Wrap. While enjoying this, you get a face and scalp massage.

ANTI-STRESS DELUXE

We can now offer our most popular treatment for 100 minutes - a dream that just has to be enjoyed. Relaxing treatment from head to toe with a focus on stress points. Soothing body massage with slow strokes and firm pressure. Includes circulation-increasing back mask, scalp massage with hair treatment/wrap and face massage with ampoule/mask.

WRAPS

75 min - NOK 1 850,-

ALGAE WRAP

A very nourishing, stimulating and cleansing body treatment with the unique blue-green spirulina algae. Includes face and scalp massage. Finish with moisturizing body cream.

MOISTURIZING WRAP

A lovely relaxing moisturizing body treatment wrapped in fragrant aromatic oils. Includes face and scalp massage.

SPA SPECIAL

75 min - NOK 1 850,-

ANTI-STRESS

Relaxing treatment from head to toe with a focus on stress points. Soothing body massage with slow strokes and firm pressure. Includes circulation-increasing back mask and scalp massage with hair treatment/wrap.

CANDLE MASSAGE

Wellness massage with warm, scented oil by candlelight. Incredibly emollient and moisturizing. Includes light body scrub.

SOON TO BE MOM

Mild and pleasant body treatment adapted to her needs. Includes foot scrub and massage of the feet, as well as facial and scalp massage.

If desired, "Soon to be mom" can be ordered as a 50-minute treatment, price: NOK 1 350,-